Mitochondria play an important role in several biological processes, one of which is the involvement in programmed cell death or apoptosis.\cite{1,2,3} The ability to measure mitochondrial membrane potential ($\Delta \Psi$) by flow cytometry has enabled researchers to gain a more detailed understanding of the role of this organelle. As a result of the $\Delta \Psi$ across mitochondrial membranes being larger than $\Delta \Psi$ across cytoplasmic membranes, healthy eukaryotic cells exposed to the lipophilic cationic dye 5', 5''/H11032, 6', 6''/H11032, tetraethylbenzimidazolocarbocyanine iodide (JC-1) will accumulate the dye within the mitochondria. When excited at 488nm, monomers of JC-1 fluoresce maximally at 527nm. However, at a higher concentration, JC-1 forms aggregates which emit maximally at 590nm. Thus cells with high mitochondrial $\Delta \Psi$ fluoresce orange and cells with low mitochondrial $\Delta \Psi$ fluoresce green. Loss of mitochondrial $\Delta \Psi$ is regarded as an indicator of the onset of apoptosis.\cite{1,2,3}

Materials and Methods

Monolayers of human umbilical vein endothelial cells (HUVEC; Cambrex) were grown in EGM2 cell culture media at 37°C/98.6°F with 5% CO2. The cell culture media was then replaced with fresh media or fresh media containing 5 μM carbonyl cyanide m-chlorophenylhydrazone (mCCCP; a mitochondrial uncoupler) prior to incubation for 45 minutes. After the media was removed, the cells were washed with warmed PBS before incubating with cell culture media containing 1 μM JC-1 and 0.1% bovine serum albumin for a further 45 minutes. Following JC-1 incubation, the cell monolayers were again washed with warmed PBS and suspended in 1 mL cell detachment solution. Cells were then kept in the dark on ice and analysed within 15 minutes.

HUVEC cells were gated using forward and side scatter (Figure 1a) and gated onto plots showing FL1 fluorescence against FL2 fluorescence (Figure 1b, 1c). Green fluorescence (530 ± 20nm) and orange fluorescence (585 ± 15nm) of the JC-1 stained HUVEC cells were measured using a CyAn ADP 9 Color flow cytometer.\footnote{The FL2 bandpass filter (575 ± 12.5nm) was changed to a 585 ± 15nm filter. The corresponding dichroic mirror (position 3; 595 long pass) was changed to a 625 long pass.} Compensation settings for green to orange and orange to green were set at approximately 4% and 10% respectively.

Results

The addition of the mitochondrial poison, mCCCP, resulted in a shift from orange (Figure 1b) to green (Figure 1c) cellular fluorescence. This indicated a drop in mitochondrial membrane potential.
Discussion
The CyAn ADP 9 Color is well suited for the assessment of mitochondrial membrane potential using JC-1. The standard optical filter layout of the CyAn ADP 9 Color was configured for the measurement of up to nine commonly used dyes and fluorochromes. However, the optical filters can be simply changed in a matter of seconds to accommodate almost any dye or fluorochrome to fit specific needs, as shown here with JC-1.

Technical Tip
• Care should be taken to preserve cell physiology as much as possible before analysis. For example, procedures such as centrifugation should be avoided or minimized.

References

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